

Obstetrics & Gynecology

2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help increase Payer Quality Scores:

- Order yearly chlamydia screening for patients 16 to 24 years of age!
- Order a yearly BMP to assess electrolytes and renal function for patients prescribed ACE, ARB and diuretics!
- Avoid prescribing antibiotics to adults diagnosed with a likely viral illness including bronchitis or URI!

Avoid prescribing fluoroquinolone antibiotics for acute bronchitis (usually viral), acute cystitis, or acute sinusitis.

The following are Key Recommendations to help manage Opioid Prescribing:

- Consider non-opioid alternatives as initial therapy: acetaminophen, ibuprofen, gabapentin, and others.
- Prior to initial Rx for CII opioids, check Illinois Prescription Monitoring Program (IPMP) and document accessing site in patient medical record.
- When in doubt, check the Illinois Prescription Monitoring Program!
- For acute pain situations, consider limiting the quantity of opioid prescribed to ≤ 3 day supply or #10.
- Avoid prescribing benzodiazepines or sedative hypnotics to patients prescribed ≥ 50 MMEs (morphine milligram equivalents) per day.
 - ✓ Consider prescribing naloxone and educating patient and family on its use.
- For patients prescribed ≥ 90 MMEs (morphine milligram equivalents) per day consider prescribing naloxone and educating patient and family on its use.

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients!
- Prescribe 90 day supplies of maintenance (chronic use) medications.
- Use generic Estrace Vaginal Cream (estradiol vaginal cream) or generic Vagifem (estradiol vaginal tablets). **Reserve Estring and Premarin Vaginal Cream as secondary options.**
- Use a contraceptive with an available generic like Beyaz, Cyclessa, Depo-Provera, Estrostep Fe, Femcon Fe, Levlite, Loestrin Fe, Lomedia 24, Lybrel, Minastrin Fe Chew, Mircette, Ortho Tri-Cyclen, Ortho Tri-Cyclen Lo, Safyral, Seasonale, Seasonique, Yasmin,

and YAZ. Reserve brand contraceptives such as Lo Loestrin Fe and Taytulla for those patients who do not respond to or cannot tolerate generics.

- Use generic Estrace (estradiol) tablets. Reserve Menest and Premarin as secondary options.
- Use generic Makena (hydroxyprogesterone caproate) 250mg/mL injection. Reserve Makena 275mg/1.1mL Autoinjector as a secondary option.
- Use generic Synthroid (levothyroxine).
 - Walmart offers 30 day supplies of levothyroxine for \$4: 90 day supplies for \$10 Reserve Armour Thyroid, Nature-Throid, brand Synthroid, and brand Tirosint for those patients who do not tolerate or respond to generic levothyroxine.
- Prescribe an OTC prenatal vitamin with DHA and 0.975mg of folic acid.
For example, Walgreens Prenatal + DHA OTC or CVS Prenatal + DHA OTC.
Meijer offers free Prenatal Vitamins!
Most, if not all, Rx prenatal vitamins with DHA are brand-only, have high non-Formulary copays, or are not covered by insurers.
- Use generic Actonel 150mg monthly (risedronate), generic Actonel 35mg weekly (risedronate), generic Atelvia 35mg weekly (risedronate ER), generic Boniva 150mg monthly (ibandronate) or generic Fosamax 35mg or 70mg weekly (alendronate). Reserve Binosto as a secondary option.

Evaluate the need for ongoing PPI therapy!

- Use Nexium 24HR OTC, Prevacid 24HR OTC, Prilosec OTC, or Zegerid OTC as initial therapeutic options.
- Use generic AcipHex (rabeprazole), generic Nexium (esomeprazole), generic Prevacid (lansoprazole), generic Prilosec (omeprazole), or generic Protonix (pantoprazole) as secondary options. Avoid Dexilant!
- Use generic Detrol (tolterodine), generic Detrol LA (tolterodine ER), generic Ditropan (oxybutynin), generic Ditropan XL (oxybutynin ER), generic Enablex (darifenacin), Oxytrol for Women OTC (oxybutynin) generic Sanctura (trospium) 20mg tablets, generic Sanctura XR (trospium ER) 60mg capsules, or generic Vesicare (solifenacin).
Reserve Gelnique, Myrbetriq, Oxytrol Rx, and Toviaz as secondary options.