

Neurology

2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help manage Opioid Prescribing:

- Prior to initial Rx for CII opioids, check IPMP and document access in patient chart.
- When in doubt, check the Illinois Prescription Monitoring Program!
- Consider non-opioid alternatives as initial therapy: acetaminophen, ibuprofen, gabapentin, and others.
- For acute pain situations, consider limiting the quantity of opioid prescribed to ≤ 3 day supply or #10.
- Avoid prescribing benzodiazepines or sedative hypnotics to patients prescribed ≥ 50 MMEs (morphine milligram equivalents) per day.
- For patients prescribed ≥ 90 MMEs (morphine milligram equivalents) per day consider prescribing naloxone and educating patient and family on its use.

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients, parents, and caregivers
- Prescribe 90 day supplies of maintenance (chronic use) medications (where appropriate)
- Use generic Cymbalta (duloxetine), generic Effexor XR (venlafaxine ER), or generic Pristiq (desvenlafaxine ER) as SNRI therapeutic options.
- Use generic Celexa (citalopram), generic Lexapro (escitalopram), generic Paxil/Paxil CR (paroxetine), generic Prozac (fluoxetine), or generic Zoloft (sertraline).
- Use generic Adderall, generic Adderall XR, generic Concerta, generic Dexedrine Spansules, generic Focalin, generic Focalin XR, generic Metadate CD, generic Metadate ER, generic Ritalin LA, or generic Ritalin SR. *Reserve Aptensio XR, Adzenys XR-ODT, Cotempla XR ODT, Daytrana, Dyanavel XR, Evekeo, ProCentra, Quilli Chew ER, Quillivant XR, Vyvanse, and Zenzedi as secondary options.*
- Use generic Axert (almotriptan), generic Relpax (eletriptan), generic Maxalt (rizatriptan), generic Imitrex (sumatriptan), generic Zomig (zolmitriptan), generic Frova (frovatriptan), or generic Amerge (naratriptan).

Avoid brand Treximet (sumatriptan 85mg/naproxen sodium 500mg)!

One brand Treximet tab has a list price of \$117.35!

One generic Treximet tab costs \$25.00!

- Use generic Ambien (zolpidem), generic Ambien CR (zolpidem ER), generic Intermezzo (zolpidem), generic Lunesta (eszopiclone), or generic Sonata (zaleplon) as short-term (<30 day) therapy. Reserve Belsomra, Edluar, and Rozerem as secondary options.
- Use generic Abilify (aripiprazole), generic Geodon (ziprasidone), generic Invega (paliperidone) generic Risperdal (risperidone), generic Seroquel/Seroquel XR (quetiapine/ER), or generic Zyprexa (olanzapine), where medically appropriate. Reserve brand agents such as Fanapt, Fazacllo, Latuda, Rexulti, Saphris, and Vraylar for those patients who do not respond to or cannot tolerate generic atypical antipsychotics.

The above applies to outpatient prescribing only!