

Endocrinology

2020 Clinical Integration (CI) Pharmacy Program

The following are Key Recommendations to help increase Payer Quality Scores:

- Order a yearly BMP to assess electrolytes and renal function for patients prescribed ACE, ARB and diuretics!

The following are Key Recommendations to help increase Medication Adherence:

- For patients having medication affordability or adherence issues contact your NMPN Care Coordinator or the NMPN Pharmacy Team (listed in footer):

EPIC – Referral	Ambulatory Referral to Care Management RAF – 250
EPIC – Staff Messaging	Pool/In Basket: AmbulatoryCareManagement ACM Care Manager
	or
	If you know your Care Coordinator, In Basket your specific Care Coordinator by name
Phone	VBC Care Coordination Line: (630) 933-4410
Fax	(630) 933-3959

The following are Key Recommendations to help increase Generic Prescribing:

- Reinforce the value of generics with patients!
- Prescribe 90 day supplies of maintenance (chronic use) medications

Angiotensin Receptor Blockers (ARB) Recall:

- To date, select manufacturers and lot numbers of **irbesartan**, **losartan**, and **valsartan** have been included in the FDA recall
- To date, **azilsartan**, **candesartan**, **eprosartan**, **olmesartan**, and **telmisartan**, have not been included in the FDA recall

Generic Name	Brand Name	Low Dose	Medium Dose	High Dose
azilsartan	Edarbi	40mg		80mg
candesartan	Atacand	4-8mg	16mg	32mg
eprosartan	Teveten		600mg	
irbesartan	Avapro	75mg	150mg	300mg
losartan	Cozaar	25mg	50-100mg	
olmesartan	Benicar	<20mg	20mg	40mg
telmisartan	Micardis	20mg	40mg	80mg
valsartan	Diovan	40-80mg	80-160mg	320mg

implicated to date in FDA recall

Note: Blood pressure monitoring and dosage titration may be required following any ARB medication conversion.

- **Use generic Nesina (alogliptin) and generic Humalog (insulin lispro)**
 - ✓ Generic Nesina and generic Humalog are lower-cost options for patients unable to afford the other brand DPP-4 Inhibitors or other brand rapid acting (meal-time) insulin.
 - ✓ May be great options for patients paying cash for their medications.
- **Note: some payers do not cover generic Nesina or generic Humalog.**
Reserve Januvia, Onglyza, and Trajenta as secondary options.
- **Use generic Crestor (rosuvastatin), generic Lipitor (atorvastatin), generic Pravachol (pravastatin), or generic Zocor (simvastatin).**
Reserve Livalo for those patients who do not tolerate or respond to one of the generic statins.
- **Use generic Synthroid (levothyroxine).**
Approximately 83% of all levothyroxine use within NM is generic!
- **Walmart offers 30 day supplies of levothyroxine for \$4 and 90 day supplies for \$10**
Reserve Armour Thyroid, Nature-Throid, brand Synthroid, and brand Tirosint for those patients who do not tolerate or respond to generic levothyroxine.
- Evaluate the need for ongoing PPI therapy given associated risks!**
- **Use Nexium 24HR OTC, Prevacid 24HR OTC, Prilosec OTC, or Zegerid OTC as initial therapeutic options.**
- **Use generic AcipHex (rabeprazole), generic Nexium (esomeprazole), generic Prevacid (lansoprazole), generic Prilosec (omeprazole), or generic Protonix (pantoprazole) as secondary options. Avoid Dexilant!**

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- **High brand copays may result in the patient not obtaining the medication!**
 - **Brand name and Non-Formulary medication prescribing may result in additional call-backs or faxes to the office from pharmacies, pharmacy benefit managers, and patients!**
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The above applies to outpatient prescribing only!